



ICE CLIMBING EQUIPMENT LIST:

- Non-cotton top and bottom base layers
- Puffy Overcoat and / or Insulation layer (fleece, synthetic or down)
- Waterproof/windproof outer shell jacket and pants
- Wool (and liner) socks
- Waterproof snow gloves and mittens or spare gloves
- Warm hat, balaclava or such for under helmet
- Sunglasses and/or clear, protective eyeglasses (optional)
- Sunscreen
- 1 or 2 liters of water (thermos of tea optional)
- Lunch and quick energy snacks
- Day pack (~25-45 Liters)
- Crampon-compatible mountain boots with rigid sole
- Vertical (water) ice crampons
- 2 water ice tools (retention leashes for multi-pitch routes)
- Harness and belay/rappel device *
- Helmet *

* UMA will provide you with a helmet, harness and belay device if you need them. Boots, crampons and ice tools are available for rent at local shops.

RENTAL SHOPS:

Black Diamond Retail
2070 E. 3900 South, Salt Lake City
(801) 278-0233

REI (Boots only)
3285 East 3300 South, Salt Lake City
(801) 486-2100

University of Utah Outdoor Rec Center
2140 E. Red Butte Road, Fort Douglas, Building 650
(801) 581-8516