AVALANCHE COURSES SUGGESTED EQUIPMENT LIST:
• Non-cotton top and bottom base layer
• Puffy overcoat, and/or other insulation layer (fleece, synthetic or down)
• Waterproof/windproof outer shell jacket and pants (or bibs)
• Wool (and liner) socks
• Waterproof snow gloves or mittens
• Lightweight gloves for uphill travel
• Warm hat and baseball cap
• Helmet (recommended)
• **Sunglasses** and goggles
• Sunscreen
• 1 or 2 liters of water (water bladders not recommended for cold days)
• Sack lunch and snacks
• Ski or snowboard boots
• Alpine touring or telemark skis, split-snowboard or snowboard with snowshoes
• Ski Poles with powder baskets*
• Skins if using skis or split-snowboard
• Clinometer, snow saw (optional)
• Beacon *
• Shovel *
• Probe *
• Backpack *

* UMA will provide you, at no cost, a beacon, a shovel, a probe, poles and/or a backpack if you don't have these.

UTAH MOUNTAIN ADVENTURES RENTALS:
• Alpine touring skis and skins: $40 plus tax
• Split-snowboard, skins and poles: $45 plus tax
• Skins only: $10 plus tax
• Snowshoes and poles: $15 plus tax

**UTAH MOUNTAIN ADVENTURES DOES NOT RENT BOOTS**
UMA guides can deliver and adjust this gear for you

RENTAL SHOPS:
Alta Peruvian Lodge Rental Shop in Alta - (801) 742-3333
Alta Sports in Alta - (801) 742-3500
Black Diamond Retail: 2070 E. 3900 South, Salt Lake City - (801) 278-0233
Outdoor Recreation Center at the University of Utah - (801) 581-8516
REI: 3285 East 3300 South, Salt Lake City - (801) 486-2100
Wasatch Touring: 702 E 100 S, Salt Lake City - (801) 359-9361
White Pine Touring in Park City: (435) 649-8710